October 2025 Newsletter





October is Fire Safety Month

Fire Safety is a serious topic and your family should always plan ahead just in case. Make sure your family has an escape plan and keep it simple as possible. Don't forget if anyone in the family does happen to be on fire, remember to stop, drop and roll. Remember if use a blanket or any clothes

Songs and Finger Plays:

You can sing any time during the day. You can set a special time during the day, or sing during bath time, while playing outside, or even in the car. Little ones love hearing repetitive sounds and love to watch you do the hand motions. So even if they are not able to sing along right now, they can do motions with you or you can even do hand over hand with them. Here are a few fun fall/autumn songs.

Autumn Leaves are Falling

Five little Pumpkins

Going on a leaf hunt



In this newsletter, you will find some helpful tips on how to incorporate play throughout the day with songs and other activities for the season, along with teaching simple signs.

Fall sensory box

Sensory Bins provide little ones with the opportunities to explore and learn through hands-on tactile play that engages their senses. Just remember not to add choking items. If you do add small items please interact with your child so that you can watch them. When not playing, make sure to put on lid and place where they can't access it.

Six developmental Benefits

What to do with that Pumpkin:

It's that time of year where many families like to decorate pumpkins. Even if you don't celebrate Halloween, there is nothing wrong with getting a pumpkin, scooping out the inside and just explore with it. For those that do like to celebrate, you can finger paint outside or let kids draw on it, then cut out funny faces. Either way, you can do so much with a pumpkin. Check out links below.

Fall tactile sensory activities

Other fun fall activities

Busy Toddler-50+ awesome fall activities

Halloween Safety Checklist

- 1. Stay on the sidewalk.
 2. Don't eat any candy before it is inspected by adults.
 3. Don't eat any unwrapped candies.
- .es. ay with your group. ar a reflecting item on your
- clothing so cars can see you. 6. Observe the trick or treating







Events:

Oct. 18th-19th Webb Craft Fair, Bell Ruckle

Eagleville Area: Lucky Ladd Farms: Pumpkin Patch

Franklin Co. Granddaddy Farms

Columbia Area: Pumpkin Paradise

Lincoln Co. Area: Lyon Family Farm

Limoland in Pulaski

Chapmans's Farm

Slime Smoothie:

- 1 large banana
- 2 kiwi-peeled
- 1/2 cup crushed ice
- 3 tablespoons of apple cider or

juice green food coloring

Directions: Place all in blender and blend till smooth. Add extra food coloring until the desire color of green. Enjoy!

Apple Pumpkin Baby Cookies:

1/4 cup apple sauce



1 cup oatmeal

1/4 cup milk/almond milk/prepared formula

Resources:

https://babynavigator.com/16-gestures-by-16-months/

https://teachmetotalk.com/category/podcast/

http://fgrbi.com/resources-for-families/

https://cdctn.org/early-intervention

